

# FOOD TECHNOLOGY

Food Technology may be studied as a 100-hour course (Year 9 or Year 10) or as a 200hour (Years 9 and 10) course in Stage 5.

## Course Description

The study of Food Technology provides students with a broad knowledge and understanding of food properties, processing, preparation and their interrelationship, nutritional considerations and consumption patterns. It addresses the importance of **hygiene** and **safe working practices** and **legislation** in the production of food. Students will develop food-specific skills, which can then be applied in a range of contexts enabling students to produce quality food products. It also provides students with a context through which to explore the richness, pleasure and variety food adds to life and how it contributes to both vocational and general life experiences.

## What will students learn about?

Students will learn about food in a variety of settings, enabling them to evaluate the relationships between food, technology, nutritional status and the quality of life. The following focus areas provide a context through which the core (Food Preparation and Processing, Nutrition and Consumption) will be studied:

- Food in Australia
- Food product development
- Food selection and health
- Food service and catering
- Food for special occasions
- Food trends

## What will students learn to do?

The major emphasis of the Food Technology syllabus is on students exploring food-related issues through a range of **practical experiences**, allowing them to make informed and appropriate choices with regard to food. Integral to this course is students developing the ability and confidence to design, produce and evaluate solutions to situations involving food. They will learn to select and use appropriate ingredients, methods and equipment safely and competently.

## Record of School Achievement (RoSA)

Satisfactory completion of 100 or 200 hours of study in Food Technology during Stage 5 (Years 9 and/or 10) will be recorded with a grade on the student's NESA Record of School Achievement.